



Newsletter November 2023

Realizing potential. For all women.

cfuw fcfdU THE POWER OF WOMEN WORKING TOGETHER  
LA PUISSANCE AU FÉMININ: ENSEMBLE POUR RÉUSSIR.

**November General Meeting**  
**Women Composers:**  
**The Underrepresented**  
By Eleanor Gummer



Join us for a special evening of music and discussion at the grand piano.



Eleanor, founder of the *Whitby School of Music*, researcher, author and composer will talk about little-known women composers from the last 300 years and demonstrate their music.

**Wednesday, November 8, 2023 - 7:00 P.M.**

**All Guests Welcome - Free Admission**

**St Mark's United Church, 201 Centre St S, Whitby**

CFUW Oshawa and District  
cfuw.oshawa@gmail.com  
<http://cfuw-oshawa-and-district.weebly.com>



Our own Eleanor G will be the speaker at the November general meeting. This meeting will be held in St. Mark's sanctuary so that Eleanor can use the grand piano. You can access the building by the same entrance as usual. Someone will be there to greet and guide you.



## Friendship

Maureen A

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A who will advise all members through an email from Barb L and send an appropriate card on our behalf.

*Ruth F is recovering from a recent surgery.*

## Membership

Sheila S

Thirty-nine members have joined to date. Look for the updated roster in November in a separate mailing.

## Scholarship

Sharron B

Donations to the endowment funds for Durham College and Ontario Tech University will be accepted at the November meeting.

**Addressed, postage paid envelopes and forms for Durham College and Ontario Tech will be available at the November meeting or directly from Sharron Barker. Donations of \$20 or more will receive a tax receipt.**

### How to donate to the CFUW Endowment Funds

#### To Durham College

- Make a cheque or money order payable to “Durham College Foundation” but on the memo line, write “CFUW Oshawa and District Endowment Fund”.
- Ensure that your cheque has your name and address on it.
- Mail the cheque to: Durham College Foundation, 2000 Simcoe St. North, Oshawa, ON L1G 0C5
- Durham College Link: Durham College Online Giving ([mycampus.ca](http://mycampus.ca))

#### To Ontario Tech University

- Make the cheque or money order payable to “Ontario Tech University” but on the memo line write “CFUW Oshawa and District Endowment Fund”.
- Ensure that your cheque has your name and address on it.
- Mail the cheque to: Ontario Tech University c/o Advancement Office; 2000 Simcoe St. North, Oshawa, ON L1G 0C5

- Ontario Tech University Link: <https://giving.ontariotechu.ca/donate/index.php>

### Donating Online

- Visit each school's website. Click on "Donate" or "Giving". Complete the form provided.
- If it says "please use my gift for" or "other", type in CFUW Oshawa and District

## Ontario Council

We have an exciting line up of topics and speakers for this year's Ontario Council Speakers Series. To make access to the Speakers Series equitable, CFUW Ontario Council will be using the virtual platform of ZOOM. Each event takes place on a Saturday morning and is two hours in length from 10 a.m. to 12 p.m. The format allows for questions from the floor through the chat function of ZOOM. Please save the dates and plan to join us.

**November 25th, 2023**

**INTIMATE PARTNER VIOLENCE:**

**ONTARIO'S UNACKNOWLEDGED EPIDEMIC AND ITS IMPACT ON WOMEN AND CHILDREN**

**Erin Lee** from Interval House (Carleton Place) and the impetus behind Lanark County being the first in Ontario to declare intimate partner violence (IPV) an epidemic (following the **Culleton, Kuzyk & Warmerdam** (CKW) inquest report and recommendations) and **Pam Cross**, Advocacy Director Luke's Place, will be members of the panel. They will be presenting statistics on IPV in Ontario, discussing the social and legal issues of this scourge and addressing the impact of the CKW and Mass Casualty reports.

This session will be chaired by [Sandra Shaw](#), OC Chair, Advocacy.

November 25<sup>th</sup> is also the first of the Sixteen Days of Activism Against Gender-Based Violence and the International Day for the Elimination of Violence Against Women. In addition to bringing IPV as an epidemic in Ontario (and elsewhere) to the attention of our members, we have chosen this day for the launch of the OC *IPV as An Epidemic Toolkit*.

**CFUW OSHAWA AND DISTRICT CORDIALLY INVITE YOU TO**

**OUR ANNUAL HOLIDAY DINNER**

Wednesday, December 6, 2023 at 5:30 P.M.

Cost: \$45.95 + tax for a three-course meal (tip not included)

**KB Food** 120 Brock St. N. Whitby Street parking and nearby parking lot

Please R.S.V.P. by **Wednesday, November 29** to Hedy G





Our October guest speaker was Melissa Rudan from Community Care Durham. She was introduced by Janice C and thanked by Jane R. We learned of the many services provided by CCD.



**Interest Groups** **Janet N**

**Reading Group One** **Barbara L**

Tuesday, November 21 at 1:30 pm.

Book selection: *No Two Persons* by Erica Bauermeister

Discussion leader: Sheila L                      Host: Barbara L

**Book Chat** **Jane R**

Wednesday, November 1 at 10 am

Book selection: *A Shimmer of Hummingbirds* by Steve Burrows

Discussion leader: Dianne H    Host: Lindy K

**It's a Mystery**

**Mary K**

Monday, November 27

Book selection: *The Appeal* by Janice Hallett

Discussion leader: Jennifer Collins

**Ladies Who Lunch**

**Shared**

Friday, November 24, 2023 at 12:30pm

Location: Thornton Arms +1 (905) 440-4782 11-575 Thornton Rd N Oshawa ON L1J 8L5

Convenor: Donna H RSVP by Wednesday, November 22. The pub has convenient parking and diverse menu options plus daily specials.



Seventeen members and guests attended our October lunch at the Slabtown Cidery in Uxbridge.

Sue and Catherine had great fun with their cider samplers.



**Bridge Buddies**

**Karen D**

November 13<sup>th</sup> & November 27<sup>th</sup> - Northview at 1:15 pm. Please check the schedule to see if you have a "bye".

We play social bridge, and we welcome Club members to join us. Contact Karen.

**Golf**

**resumes in May 2024**





Some of our members participated in the Community Care Durham fundraising walk on September 30 at Purple Woods conservation area. Jone W, Elaine L and Donna H enjoyed a beautiful day outdoors. They met with CCD's CEO James Meloche and Melissa Rudan, our October speaker.

## **For Your Benefit**

**Barbara L**

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of ½ page or less to Barbara Lewis. Business notices will be posted once annually.

The criteria for submission to *For Your Benefit* are:

1. that this information is of benefit/interest to our members, and
2. you are involved/passionate about it.

*Please save your empty egg cartons for Sheila Smyth and Hedy Gadd, who need them for St. Andrew's Food Bank and St. Vincent's Food Bank, respectively.*



The Ontario Council newsletter is available on-line on their website.

The CFUW Club Action newsletter is available via the sign-up link on their main website.  
Please submit all newsletter items to [barblewis@rogers.com](mailto:barblewis@rogers.com)

**Newsletter**

**Barbara L**

Items for the December newsletter should be received by Tuesday, November 28<sup>th</sup>.

**Personal contact information of CFUW Oshawa and District members is considered confidential and not to be used for personal or business solicitation purposes.**