



All are welcome

Join us as we present

**How to Live as a "Golden Girl"**

Featuring

**Beverly Brown & Marsha Casson**

Living Creatively in your Golden Years



Wednesday, November 13th, 2019 - 7:15 P.M.

**November General Meeting**

Kingsview United Church 505 Adelaide Ave. E. Oshawa

CFUW Oshawa and District  
[www.cfuwoshawaanddistrict.com](http://www.cfuwoshawaanddistrict.com)  
[cfuw.oshawa@gmail.com](mailto:cfuw.oshawa@gmail.com)



From the Presidents	1
Advocacy	2
Scholarship	2
Membership	2
Friendship	3
Interest Groups	3
Holiday dinner	4
October general meeting minutes	5



## FROM THE PRESIDENTS – SHEILA S. & DONNA H.

“Don’t you feel energized when you go to the Speakers’ Series meetings?” Hedy and I agreed that is exactly how we both felt driving home from the October CFUW meeting in Toronto. As always there were new ideas, new people to meet and energetic women making a difference in their part of the province and beyond.

There was much talk about the election and a detailed handout from CFUW Brantford about how to organize an all-candidates meeting. Three ‘experts’ from Ontario clubs presented excellent overviews of three important election issues of special interest to women – the environment, poverty and child care.

**Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.**

Here are some of the information tidbits we gleaned from them and from the afternoon sessions:

- unique letters rather than form letters seem to carry more weight with politicians.
- Politicians make decisions about the environment but often don't have a great deal of knowledge about climate science.
- Women need to be involved in developing a new framework that transforms how we live while looking after our planet.
- CFUW is a partner in Child Care Now. Childcare centres that receive government funding can't get involved in advocacy and therefore need us to push back against cuts to much needed services and subsidies.
- Reducing poverty is financially sound and socially necessary. Hamilton has worked hard to address this issue. A minimum income is an important step but unfortunately the pilots were cancelled.
- The Hamilton coalition is attempting to engage in 100 advocacy actions related to poverty this year.

There was more – much more. If you are interested, you can find reports on the Ontario Council website. If you would like to feel energized, please consider a trip to the new Speakers' Series on November 30. Talk to me.....*Sheila S.*

#### ADVOCACY *MARY K.*

On September 20, 2019, the College of Physicians and Surgeons of Ontario, the licensing agency for doctors in Ontario, passed a new policy about Availability and Coverage. Number 1 of the policy reads "Physicians **must** have an office telephone that is answered and/or allows voicemails to be left during regular business hours." Therefore, should you receive medical attention outside your doctor's office hours such as in a clinic or Emergency department, and your attending physician wants to leave a message for your family doctor, she or he cannot leave a brief message on the phone but must write a report that you take to your doctor at your next visit. This new policy doesn't exactly contribute to the continuity of care that helps you manage your health efficiently. It might be interesting to see how your doctor responds to this policy. (Source: Article by Dr. Joel Lexchin published in The Conversation.com) *Janet N. for the Advocacy Committee*

#### SCHOLARSHIP *DONNA H.*

Durham College Endowment Fund donation forms will be available at the November general meeting. Donations over \$20 will receive a tax receipt from the college.

If you wish to contribute, please complete the donation form and your cheque, made out to **Durham College Endowment Fund**. Write "CFUW Oshawa & District Endowment" on the memo line of your cheque.

Seal your donation form and cheque in the pre-stamped envelope and add your return address in the top left-hand corner of the envelope. Thank you for helping our endowment fund to grow.

#### MEMBERSHIP *JANET N.*

Please return the completed membership surveys from the October general meeting. Extra copies will be available at our November meeting for those who missed filling one out.

**FRIENDSHIP MAUREEN A.**

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

**EDITOR BARBARA L.**

Only the last name initials of members are published in the newsletter. Please refer to your roster for contact information. Please submit all newsletter items to [barblewis@rogers.com](mailto:barblewis@rogers.com)

Reminder: items for the December newsletter should be received by Thursday, November 28<sup>th</sup>

**INTEREST GROUPS ELAINE L.****Book Lovers****"IT'S A MYSTERY" MARY K.**

Monday, November 25 at 7:30 pm      Host, Lindy K.      Discussion leader, Lina Z.  
Book Selection: *Moriarty* by Anthony Horowitz

**MYSTERY LOVERS BOOK CLUB 2 JANET B.**

Monday, November 25 at 7 pm      Host, Jone W.      Discussion Leader, Janet B.  
Book selection: *Let Me Lie* by Clare Mackintosh

**READING GROUP 1 BARB L.**

Tuesday, November 19 at 1:30 pm      Host, Sheila S.      Discussion leader, Lorna P.  
Book selection: *Washington Black* by Esi Edugyan

**MORNING COFFEE AND BOOK CHAT: MELANIE K.**

Wednesday, November 6 at 10 am      Host, Maureen G..      Discussion leader, Marilyn F.  
Book selection: *Utopia for Realists* by Rutger Bregman

**LET'S DO LUNCH CATHERINE R.**

Friday, November 29 at 12:30 pm  
Queen's Castle Restobar 570 Longworth Ave., Bowmanville      RSVP to Hedy G.



## BRIDGE

### BRIDGE BUDDIES: MONDAY EVENINGS KAREN D.

**Start time: 7:15 pm.**

November 4, host is Hedy G.

November 18, host is JoAnne P.

### MONDAY AFTERNOON BRIDGE HEDY G.

Northview Community Centre, 1:30 pm on November 11 and November 25  
(the centre is open on November 11)

### WEDNESDAY NIGHT BRIDGE MARIANNE C. & LINDA P.

**Start time, 7:00 pm**

November 6, host is Maureen A.

November 20, host is Judy B.

Our holiday dinner will be held at Harmony Golf Centre (entertainment by the O'Neill Choir) on Thursday, December 5. Tickets, \$44 each, will be available from Elaine L. at the November general meeting and up to November 20. Please pay by cheque for your ticket if possible.

This year our club has chosen to support **Safe Hope Home**, a shelter for young female victims of sex trafficking. The biggest need is financial support, but items such as feminine hygiene products, shampoo, conditioner and deodorant are also much appreciated. Advocacy group members will collect cheques, payable to **Safe Hope Home**, as well as hygiene products at the dinner. Any monetary donation over \$20 will be issued with a tax receipt by the charity.



**CFUW Oshawa & District - 75 years of history:** From the first, membership was limited to women holding degrees, even though the question of associate membership would arise many times. In 1947, Mrs. R.S. McLaughlin duly became a member, since she had been honoured with an LL.D. by Queen's University. In January 1946, there were 63 charter members.

Fees were first set at \$3, of which \$1.50 went to CFUW National. In 1949, the fees were raised to \$5. In the early days, there was a charge of 25 cents for refreshments at the YWCA, supplied by the Y, but served by members. *Submitted by Hedy G.*

**CFUW Oshawa and District General Meeting Minutes  
Wednesday, October 9, 2019**

**Welcome:** Donna H. and Sheila S.

**Comments:**

There is a Membership Survey on each chair. Please complete and return tonight!

We need to vacate the room by 9:15 pm as per our reservation.

**Speaker:** Diane Tepylo, Ontario Tech University: “Computer Coding for Learning”

Attendance:30

Break

**Business Meeting**

**Approval of Minutes:** JoAnne P. moved to accept the minutes of the September 11, 2019 General Meeting as circulated. Seconded by Mary K. All in favour. Carried.

Business arising from the minutes: N/A

**CFUW NEWS:**

**Ontario Council:** Sheila S.

Oct. 18<sup>th</sup> is Person’s Day. Eighty years ago, women were declared “persons” in Canada. This gave them the right to certain things, including being part of the Senate.

Hedy and Sheila attended the most recent local meeting in Toronto. Among the election issues discussed were climate, child care and poverty. Next meeting is November 30.

**National:** Donna H.

Donna attended “The Hub”, a meeting for all of our Region’s presidents. Check the National web site for election background. A committee has been struck to review the suggestions put forward by members at the AGM. Another committee is looking at how to deal with the fee shortfall owed to GWI as members declined to approve a fee increase. There are 7800 members in Canada in over 100 Clubs.

**COMMITTEE REPORTS:**

1) **Membership:** Janet N.- there are 38 paid members to date. Supplies of the new Club brochures, bookmarks and business cards are now available.

2) **Recruitment Committee:** Jone W.

Next month is “BRING A FRIEND MONTH!” – this is another strategy of the committee. Next meeting is Oct. 24 at 2:00 at Donna H.

3) **75<sup>th</sup> Anniversary Committee**- Catherine R.

-Planning continues. We are still looking for a keynote speaker. Suggestions welcome.

4) **Program Committee**: Sheila L./ Janet B.- speakers for the next meeting are “The Golden Girls of Port Perry”.

5) **Scholarship**: Donna H.-donations are being accepted at Oct. and Nov. meetings.

6) **Interest Groups**: Elaine L.- please sign up on the sheets at the back. Conveners can then take their sheets.

7) **Holiday Dinner**, December 5<sup>th</sup>, 2019: - tickets are available tonight

8) **Advocacy**: Mary K.- meet next on Oct. 10. Planning March 25 documentary event. Karly Church, a sex trafficking victim, is confirmed for the March meeting.

9) **Constitution and Policies**: JoAnne P.- group members have started to review the current documents. Janet B. and Lorraine V. are also on the committee.

#### **Announcements and Events:**

Let's Do Lunch- Fri. Oct. 25<sup>th</sup>. Legend of Fazio's, Oshawa, RSVP to Janet B.

Next Executive Meeting, Oct 30<sup>th</sup>, 1:30 pm. at Hedy G. home

Next General Meeting, Nov.13<sup>th</sup>, 7:15 pm. Catherine R. will be the greeter.

The Ajax Club is having a speaker on “Falls Prevention” at their next meeting. The Toronto Club is having Steve Paikin as their Nov. 25 speaker. All are welcome.

50:50 Draw

Happy Bucks

Motion to Adjourn: Moved by Janet B. at 8:45 p.m.

Golfers Pat M., Sandy P. and Jo-anne T. enjoy one of the last perfect October days.



Sandy P. tees off

