

Newsletter December 2023

Realizing potential. For all women.

Women Composers: The Underrepresented

By Eleanor Gummer



Join us for a special evening of music and discussion at the grand piano.



Eleanor, founder of the *Whitby School of Music*, researcher, author and composer will talk about little-known women composers from the last 300 years and demonstrate their music.

We're doing something different with our meeting on December 13th with Eleanor's presentation on women composers! There will be no business meeting following the presentation: just a social half hour. Bring your own mug/drink container. You are also invited to bring some holiday treats to share, if you wish, in addition to the hospitality committee's goodies.

There will be no book sales, 50/50 draw or Happy Bucks: just a social time with our members and guests. Please use this opportunity to bring friends or family to enjoy Eleanor's musical research. We will be taking voluntary donations to our scholarship funds at Ontario Technical University and Durham College.

Jone W.

Friendship

Maureen A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

Janet B. has been in hospital (Oshawa) for a lengthy stay.

Schol	arship
Schol	

Sharron B.

Durham College

Our CFUW Oshawa and District Award goes this year to Nathalia W. who is studying Business Administration – Accounting in the Faculty of Business.

Nathalia was awarded \$1,500.00 and wrote in part: "As a mature student, who due to a struggle with mental health disorders was unable to complete secondary education on the same timeline as my peers, making the decision to pursue post secondary was not one that I took lightly... I could not be more grateful to you for your award as it allows me to breathe again and gives me the push I need to know that I am supported in becoming a better person and contributing to the greater good of society."

Durham College Endowment Report 22-23

Beginning Balance	\$71,899.00
In year contributions	
Donations	\$550.00
Preservation of capital	\$ (64.00)
Total in Year Contributions	\$486.00
Net change in available funds for disbursement	\$(2,550.00)
Ending Balance	\$69,835.00

Donation information

Donations to the endowment funds for Durham College and Ontario Tech University will be accepted at the November meeting.

Addressed, postage paid envelopes and forms for Durham College and Ontario Tech will be available at the November meeting or directly from Sharron Barker. Donations of \$20 or more will receive a tax receipt.

How to donate to the CFUW Endowment Funds

To Durham College

• Make a cheque or money order payable to "Durham College Foundation" but on the memo line, write "CFUW Oshawa and District Endowment Fund".

- Ensure that your cheque has your name and address on it.
- Mail the cheque to: Durham College Foundation, 2000 Simcoe St. North, Oshawa, ON

L1G 0C5

• Durham College Link: Durham College Online Giving (mycampus.ca)

To Ontario Tech University

• Make the cheque or money order payable to "Ontario Tech University" but on the memo line write "CFUW Oshawa and District Endowment Fund".

- Ensure that your cheque has your name and address on it.
- Mail the cheque to: Ontario Tech University c/o Advancement Office; 2000 Simcoe St.

North, Oshawa, ON L1G 0C5

• Ontario Tech University Link: https://giving.ontariotechu.ca/donate/index.php

Donating Online

- Visit each school's website. Click on "Donate" or "Giving". Complete the form provided.
- If it says "please use my gift for" or "other", type in CFUW Oshawa and District

Ontario Council

Speaker Series – Saturday, November 25 Topic: Intimate Partner Violence

This session began the 16 Days of Activism Against Gender-Based Violence and presented statistics to show that this is a growing epidemic in Ontario.

Mayor Horvath and Councillor Nann from Hamilton mentioned that over 7,000 calls were received last year on the help line and over 5,000 charges were laid by the police. It is becoming a crisis. We must "speak out, speak up and take a stand" in our communities.

Erin Lee, the long-time executive director of Lanark County Interval House, said that there were 4815 crisis calls in her rural area and that they served 527 women and children in the local community.

After the 2022 CKW inquest on 3 women's deaths, the jury made 86 recommendations to implement changes. "We hear you; we believe you." Over 74 communities in Ontario have signed a declaration to demand change.

Pamela Cross, a feminist lawyer, is on the committee at Luke's Place in Oshawa. She explained how services are provided for IPV survivors to help them navigate the family court system. Keira's law has made it mandatory now for all provincial judges to be educated in family law.

There is more work to be done to stop the violence against women. She said that we should "take hope from the courage of survivors".

Submitted by Hedy G.

December 1 – is the seventh day of 16 DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE. Actions for your consideration today:

- Take a course on gendered-based violence to learn more.

- Call out misogynistic and gendered violence when you see it such as victim blaming, catcalling, sexist jokes and inappropriate comments.

Interest Groups	Janet N.

Reading One

Tuesday, December 19 at 1:30 pm. Book selection: 300 Days of Sun by Deborah Lawrenson

Discussion leader: Elaine L.

Book Chat

Book Chat will meet on Wednesday, December 6th at 10 am in Janyce C.'s home to discuss two of Dr. John Hunchak's books. Lindy K. will lead the discussion of his first book titled *Calm*, *Cool and Collected*. A second title from his other three publications will be discussed also.

Barbara L.

Host: Elaine L.

Jane R.

It's a Mystery

Monday, January 29 Book selection: *A Presumption of Death* by Jill Paton Walsh

Discussion leader: Lina Z.

Ladies Who Lunch		Shared
Friday, January 26, 2024 at 12:30pm	Location: TBD	Convenor: Lynn M.
Bridge Buddies		Karen D.

Monday, December 11 - Northview at 1:15 pm. Please check the schedule to see if you have a "bye". We play social bridge, and we welcome Club members to join us. Contact Karen.

For Your Benefit	Barbara L.

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of ½ page or less to Barbara L. Business notices will be posted once annually.

The criteria for submission to For Your Benefit are:

- 1. that this information is of benefit/interest to our members, and
- 2. you are involved/passionate about it.

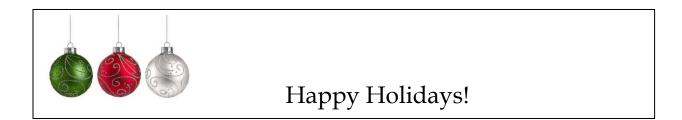
No Room in the Inn: A display of more than 80 nativity scenes from around the world, borrowed from St. Mark's United Church family and friends: Friday, December 8, 7 to 9 pm and Saturday, December 9, 11 am to 3 pm. Free admission. Free will offerings accepted at the door. Christmas cookies and beverages for everyone. 201 Centre St. S. Whitby



A New Beginning for Women and Children

Dear members, at our holiday dinner on December 6, we will be collecting donations for women and their families at Denise House to make this season special for them. Please bring your donation in a gift bag. If applicable, please indicate the size of the (new) item on the outside of the bag.

Here are some suggestions for women and tweens ages 10-14 (boys and girls): sets, hats, scarves, gloves, pajamas. Monetary donations may also be made to Denise House info@thedenisehouse



CFUW Websites

Main website: www.cfuw.org

Ontario Council Website: www.cfuwontcouncil.org

CFUW Oshawa & District <u>http://cfuw-oshawa-and-district.weebly.com</u>

The Ontario Council newsletter is available on-line on their website.

The CFUW Club Action newsletter is available via the sign-up link on their main website.

Newsletter

Barbara L.

Items for the January newsletter should be received by Thursday, December 28.

Personal contact information of CFUW Oshawa and District members is considered confidential and not to be used for personal or business solicitation purposes.