

March General Meeting

**Institutionalization
is a Feminist Issue**

with Dr. Trish Spindel
of Seniors for Social
Action Ontario



Women generally live longer and outnumber men in institutions. As caregivers, they more often deal with institutionalization of loved ones. Join us in person or on Zoom as we hear Dr. Spindel speak on this topic.

Wednesday, March 8, 2023 - 7:00 P.M.

All Guests Welcome - Free Admission

St Mark's United Church, 201 Centre St S, Whitby

Email your request for a Zoom Link to cfuw.oshawa@gmail.com

CFUW Oshawa and District
cfuw.oshawa@gmail.com
www.cfuwoshawaanddistrict.com



International
Women's Day

8 March

History of Women's Day

International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political.

Since those early years, International Women's Day has assumed a new global dimension for women in developed and developing countries alike. The growing international women's movement, which has been strengthened by four global United Nations women's conferences, has helped make the commemoration a rallying point to build support for women's rights and participation in the political and economic arenas.

United Nation's Theme for IWD 2023

The theme for the United Nations Observance of International Women's Day 2023 is:

"DigitALL: Innovation and technology for gender equality".

This theme is aligned with the priority theme for the upcoming 67th Session of the Commission on the Status of Women (CSW-67), "Innovation and technological change, and education in the digital age for achieving gender equality and the empowerment of all women and girls".

First key years of the movement

Officially recognized by the United Nations in 1977, International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century in North America and across Europe.

Movement in the United States

The first National Woman's Day was observed in the United States on 28 February. The Socialist Party of America designated this day in honour of the 1908 garment workers' strike in New York, where women protested against working conditions.

Information collected from: [International Women's Day | United Nations](#)

PRESIDENT'S MESSAGE

CATHERINE R.

From CFUW National: **CFUW offers a unique space for friendship with a purpose.** There is no way to calculate the lives that have been changed by the scholarships awarded within CFUW, leadership skills developed through CFUW activities, and the lifelong friendships formed through CFUW membership.

As many Clubs are finding it challenging to fill Board positions, the National Board is looking for ways to work more strategically with Regional Directors to address these needs of clubs. To this end, they are planning a workshop on alternative club leadership structures and an orientation webinar for new presidents and club executives.

Our Club is currently seeking Board and Committee members for 2023/24. Please consider accepting a position when a member of the Nominating Committee gives you a call. Many of the current Board members have been serving for some time. New blood is always good to keep our Club vital.

Any of the positions can be shared by 2 members and you can decide how to divide the position. You will be mentored along the way. Help is readily available. No experience necessary! These

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positions do not require a huge time commitment. The positions are typically for a 2-year term, but this is negotiable. Being on the Board allows you to share your ideas on Club operations, is an opportunity to get to know other Club members, and most of all, it's fun!

Important Dates in March

- Mar.3 - World Wildlife Day
- Mar. 8 - International Women's Day
- Mar. 12 - Change the clocks - Spring Forward
- Mar. 17 - St. Patrick's Day

Quote of the Month

- | | |
|------------------------|-----------------|
| 1. Believe in Yourself | 5. Work Hard |
| 2. Stay Strong | 6. Stay Humble |
| 3. Never Give Up | 7. Be Kind |
| 4. Be Grateful | 8. Keep Smiling |

FRIENDSHIP

MAUREEN A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A who will advise all members through an email from Barb L and send an appropriate card on our behalf.

ADVOCACY

DONNA H. & MELANIE K.

WHAT HAS AN IMPACT?

Over the months we have shared much information from SSAO and asked you to support our advocacy with the government. Dr. Trish Spindel shared this on the SSAO face book page.

People have a lot of different ideas on how to get governments moving on issues of concern, but many are completely pointless and government likes it that way.

Petitions are a perfect example. They simply don't work and take a lot of time and energy. Demonstrations at Queen's Park are another. At most you can get one day of news coverage for a lot of effort. Sitting on Facebook or other social media and complaining to like-minded people has no impact on public policy at all and just allows people to vent, which can feel better, but it does not accomplish anything.

Here is what does work.

Keeping the heat on MPPs irrespective of whether or not they respond - write e-mails to them, call them, and demand meetings with them. If MPPs get a lot of calls or e-mails about a particular topic, they will raise it in their party caucuses.

Writing letters to the editor of local and national newspapers. A lot of people read letters to the editor, so it is a good way to influence public opinion. Politicians also have clipping services that keep track of letters, so when they see a lot on a particular issue they take notice.

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Forging good relationships with reporters so they call on you for comment or ask you to appear on TV.

Establishing a local group of "troublemakers" who join together to write letters, call MPPs and get others to do so.

Organizing on-line events in your areas and inviting key speakers, politicians, senior civil servants, representatives from local Home and Community Care Support Services, etc. bring the policy makers and service providers face to face with the people they are supposed to serve. That creates instant accountability.

Partnering with other local, regional, and provincial groups and organizing letter writing campaigns. The more people who write to the Premier, copied to his Chief of Staff and to Ministers, copied to their Chiefs of Staff the better. You can get their contact information on <https://www.infogo.gov.on.ca/infogo/>

SSAO leadership cannot bring about change alone. It takes local and provincial effort to bring about change and we need all of your help in that.

infogo.gov.on.ca **INFO-GO** - Government of Ontario Employee and Organization Directory

The March Advocacy meeting is Monday March 20th at 2:00 pm on Zoom.

Ask Donna H for a link if you wish to join the meeting.

SOCIAL

KAREN D.

The social committee is asking members to bring their own mugs for the punch and/or water at the general meetings to help reduce our use of plastics.



Ruth F with her Valentine's Day treats for our February meeting.



February General Meeting: Catherine R, Melanie K, speaker Dr. Barbara Perry, Barbara L & Donna H.

2023 PROGRAM

SHEILA S.

Apr 12 **City of Greens: Sustainable Urban Agriculture** - Ryan Cullen

May 10 **Annual General Meeting and Potluck**

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NOMINATIONS***DONNA H. & BARBARA L.***

It's that time again! The Nominations Committee is looking for two or three members who will do some phoning in order to set up our slate of officers and committee members for 2023-2024. Please contact Donna or Barbara. Thanks for contributing to the continued life of our club.

INTEREST GROUPS***LINA Z.*****LADIES WHO LUNCH**

*RSVP - Pat D - patjdavies@rogers.com or 905-430-0375
-former members, prospective members, guests always welcome*

Date: **Friday, March 31, 2023**

Time: **12:30 pm**

Venue: **The Tuscan Wolf (licensed)**

Address: **110 Dundas Street West, Whitby**

at the 4 Corners (northwest of the intersection on the north side of Dundas St.)

The menu includes: antipasti, insalate, pizza, pizza bianche, covaccino, olimpo, calzone, pastas, dolce, aperitivo, birra, vino, caffetteria, digestivo (i.e. way more than pizza)

Parking: Metered on street or in municipal pay parking lot behind, 1 block north (i.e. south behind the Pearson Lanes block of shops, west side of Brock Street)

WALKING BUDDIES***MELANIE K.***

There are no walks planned for March. Would there be interest in a walk and lunch in late April? Please contact Melanie K.

BRIDGE BUDDIES***KAREN D.***

Bridge Buddies will meet at Northview at 1:15pm on **March 13th** and **March 27th**. Please let Karen D know if you are unable to attend.

BOOK CHAT***JANE R.***

Wednesday, March 8th

10:00 am

Host: Dianne H

Discussion leader: Melanie K

Book Selections: ***GONE TO POT*** by Jennifer Craig

READING GROUP 1***BARBARA L.***

Tuesday, March 21st

1:30 pm

Host: Barbara L

Discussion leader: Jone W

Book Selection: ***MIDNIGHT LIBRARY*** by Matt Haig

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IT'S A MYSTERY**MARY K.**Monday, March 27th

1:30 pm

Host: Lina |Z

Discussion leader: Lindy K

Book Selection: *SLOW HORSES* by Mark Herron**MYSTERY LOVERS' BOOK CLUB****JANET B.**Monday, March 27th

7 pm

Zoom Meeting

Discussion leader: TBA

Book Selection: *THE DARKEST EVENING* by Ann Cleeves

New members are welcome to join us for these virtual meetings. The last meeting for this year is:

May 29th - *Denial* by Beverley McLachlin

FOR YOUR BENEFIT**JONE W.**

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of ½ page or less to Jone W. Business notices will be posted once annually.

The criteria for submission to *For Your Benefit* are:

1. that this information is of benefit/interest to our members, and
2. you are involved/passionate about it.

GENERAL MEETING MINUTES**FEBRUARY 2023****CFUW Oshawa and District****General Meeting Minutes**

Date: February 8, 2023, 7:00 p.m.

CFUW Oshawa and District, acknowledges the lands and people of the Mississaugas of Scugog Island First Nation, which are covered under the Williams Treaties. We are meeting on the Traditional Territory of the Mississaugas, a branch of the greater Anishinaabe Nation. We are dedicated to honouring Indigenous history and culture, and are committed to moving forward in reconciliation, respect and partnership.

Recording Secretary -Jennifer C

Welcome to all and introduction of any new members and guests.

Catherine R welcomed 22 in person and 2 online attendees. There were 2 guests, one referred by Hedy G, and one learned of the meeting on a community Facebook page. All guests were invited to stay for the business meeting, which provides an opportunity to learn more about our Club. The business meeting follows after the speaker and a short break for refreshments and mingling. This evening the 50/50 draw will be held before the break.

Speaker: Dr. Barbara Perry – A Continuum of Hatred

Introduction: Janet B

Thankyou: Hedy G

50/50 Draw

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Our March 8 speaker for International Women's Day will be Dr. Patricia Spindel and her topic is "Institutionalization is a Feminist Issue." Hope many of you will come to hear about this important issue.

Break.....

Business Meeting

1. Call to order- Catherine R. The meeting was called to order at 7.30 p.m.
2. Additions to Agenda - None
3. **Minutes** of Jan. 11, 2023, as circulated in the Newsletter
Approval moved by: Catherine R Seconded: Pat D All in Favour
4. Business arising from the Minutes - None
5. **Treasurer's Report** – postponed to next meeting
6. **CFUW News** - Catherine R
 - a. **National**
 - New Member Engagement Coordinator - Elizabeth Malcolm
 - New Executive Director - Jaime Beagan
 - Meet and Greet Town Hall - Feb.16 at 7:00 on Zoom to meet Jamie Beagan and the new Executive.
 - The Long-Term Care Study Group is collecting stories and experiences of Long-Term Care across Canada. Feel free to submit. Next meeting is Feb.9.
 - 22 members will be attending the United Nations Commission on the Status of Women (2 as part of GWI) in March. This group first met in 1947. The Jan.16 newsletter contains interesting background on the Commission and CFUW's role. I would encourage all to read this.
 - b. **Ontario Council**
 - Central Region meeting with RD and presidents was held on Zoom Jan. 31. It was interesting to hear all the news and about the projects the other clubs are involved in.
 - Speaker Series – two speakers: Feb. 25 at 10:00 am on Zoom – "Affordable Housing" (see February newsletter); and Feb. 14 at 7:15 pm on Zoom - North York Club "Women's Homelessness in Canada".
7. **Committee Reports**
 - a. **Membership** - Barb L: We currently have 40 members.
 - b. **Program** – Sheila S: We have a special program for International Women's Day in March, which is in line with our club advocacy project. Dr. Patricia Spindel will be presenting "Institutionalization is a Feminist Issue".
 - c. **Publicity** - Jone W: Flyers for the next meeting were handed out.
 - d. **Newsletter** - Jone W: Deadline for submissions to the next newsletter is February 20, 2023.
 - e. **Scholarship** – Sharron B: See report from Ontario Tech in the January newsletter.
 - f. **Advocacy** - Donna H: Next meeting of the advocacy group will be February 20th at 2.00 p.m.

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- g. **Social** - Karen D: Thanks to Ruth F for the excellent Valentine's Day cookies.
 - h. **Interest Groups** - Lina Z: All Interest Groups are running. The next two lunch group dining experiences are arranged - Hedy G in February and Pat D in March. Whoever wishes to arrange April and May should contact Jone W with the details which will be included in the Newsletter.
 - i. **Archives** - JoAnne P: No report
 - j. **Zoom** - Donna H: Members were thanked for their patience in getting the new hybrid meeting started. We will be doing the same thing at the next meeting.
8. **New Business** - Catherine R.
- a. The Nomination Committee will start looking for nominees for our Board for next year shortly. Barb and Donna would like one or two more people to help with this. If you have any questions about the positions, job descriptions are available. I really encourage people to step up and take on a role on the Board. It is fun, educational and a good way to meet others. Elaine L and Janet B volunteered to serve on the nomination committee.
9. **Announcements/Upcoming Meetings/Events**
- | | |
|---------|---|
| Feb. 20 | Advocacy Committee on Zoom at 2:00 pm |
| Feb. 24 | Let's do Lunch- Bistro 238 at 12:30 pm - RSVP to Hedy G |
| Mar. 8 | General Meeting at 7:00 pm. |
| Mar. 22 | Board Meeting at 1:30 pm on Zoom |
10. **Adjourn:** 8.45 pm **Happy Bucks**

CFUW WEBSITES

Main website:

www.cfuw.org

Ontario Council Website:

www.cfuwontcouncil.org

The Ontario Council newsletter is available on-line on their website.

The CFUW Club Action newsletter is available via the sign-up link on their main website.

NEWSLETTER

JONE W.

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Please submit all newsletter items to whitbywebsters@rogers.com.

Items for the April newsletter should be received by MONDAY, MARCH 27th.

