

PRESIDENT'S MESSAGE

CATHERINE R.

We had an enjoyable potluck supper and AGM on May 11th. It was nice to hear from our scholarship representatives from Durham College and OTU. One scholarship recipient attended to express her appreciation and the two others sent written thanks. Our new venue worked well, and JoAnne P was able to provide a hybrid meeting as WIFI is available, so that is good to know for the future.

At the Ontario Council AGM, a new Board was elected. Teresa Habs is the President and Susan Freeman is our Regional Director.

Thank you to those who agreed to serve on our club's Board, and it is nice to see a few new faces. See you in September. Have a great summer everyone.



Quote of the Month

*"Perhaps some detours aren't detours at all.
Perhaps they are actually the path."*

FRIENDSHIP

MAUREEN A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf. Get well wishes were sent to **Janet B.** on her recent hospitalization.

CFUW WEBSITES

National Website: www.cfuw.org

The CFUW Club Action newsletter is available via the sign-up link on the national website.

Ontario Council Website: www.cfuwontcouncil.org

The Ontario Council newsletter is available on-line on their website.

ADVOCACY***JONE W./DONNA H.*****‘Aging in Place’ – Collated Articles from our Newsletter – Jone W**

The Advocacy Committee sent our document entitled ‘Aging in Place – Helping Seniors Age at Home as an Alternative to Long Term Care Housing’ to our Regional Director, CFUW National and Ontario Council. We received the following comments:

‘Wow! We have a gang that’s really getting quite keen.’ Terri Shaw

‘Fabulous to see what the Oshawa ladies are doing for improvement!!’

Sandy Thomson

‘You’ve provided excellent information to your club members. While some references Ontario services, much is applicable to anyone living in Canada. I’ll share this with the Long-Term Care Committee.’

Jeannette Mergens, National Advocacy Committee Chair

Advocacy Meeting, Monday, June 20th 2-4 PM – Donna H

All members are welcome.

SCHOLARSHIP***HEDY G.***

At our AGM potluck supper, we were pleased to have three guests representing Durham College and Ontario Technical University.

Jodi Cowan read messages from award recipients **Katherine** and **Brooke**, both studying nursing, who were unable to attend but appreciated receiving the bursaries. Jodi then proceeded to give us an update on plans that Ontario Technical University has initiated for the upcoming year.

Lindsay Cochrane is our new contact for Durham College and expressed her gratitude to our club for providing an endowment to the college. She then introduced our award recipient. This is a little bit of information that I obtained from Heather:

Heather Brown is a recent graduate of the Human Resources program at Durham College, avid community volunteer and student president of Enactus DC. Thanks to the support CFUW Award Heather has been able to continue her studies without the uncertainty of financial hardship. Growing up in a low-income family and having faced numerous mental health barriers, Heather is grateful to the wonderful organizations like the CFUW who continue to support students to pursue education

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

and succeed. Looking to the future Heather hopes to continue her learning and aims to develop mental health and training resources for small business. Keep an eye out for Heather as she is excited to become more involved with the CFUW and looks forward to supporting others to be successful.

INTEREST GROUPS

MELANIE K.

GOLF

JANET N.

Our golf group met for the first game at Spring Creek in Claremont on May 20th. We plan to continue playing there for some time, as the club has riding carts for people who need them, staff members are welcoming and friendly, and the course is well maintained.



MYSTERY LOVERS BOOK CLUB 2

JANET B.

Saturday, June 25th 1:00 pm
Book Selections for 2022 -2023

Location: TBA

READING GROUP 1

BARBARA L.

Tuesday, June 21st 1:00 pm
Potluck & List Making

Location: @ Elaine L.

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

MORNING COFFEE AND BOOK CHAT**MELANIE K.**

We will be busy over the summer finalizing the list of books to match to the themes we choose at our June meeting. Choosing books this way means we are exposed to a wide variety of books we might not otherwise bother to read. Sometimes we like them, sometimes we don't ... sometimes it is a split decision, but the discussion is always interesting. If you want to join us...reach out to one of the group's members.

WALKING BUDDIES**MELANIE K.**

See you in September: Many thanks to those who joined this new interest group this past year. We managed to walk a different route each time we met. A total of 15 different walks and we did not miss a single one due to weather. We might have required ice cleats and a snow shovel...or even a tow truck...but only once. Most made for good conversation and delight in the many different, beautiful, and interesting places we were able to go.

We will repeat some walks next year in different seasons just to see how they change. It is a great way to introduce someone to the club and furry friends are invited.. So think about joining us the 2nd Thursday and 4th Tuesday of the month. If you know a walk or neighbourhood the group might like, please let me know.



Our members enjoying an informative guided walk at Rouge National Urban Park on May 12th with Pauline Browes.

LADIES WHO LUNCH**LINA Z.**

Ladies Who Lunch will not be meeting in June. Thanks to all who arranged the restaurants and to those who came out to enjoy the variety of delicious food and camaraderie.

Upcoming: Joint Board meeting, June 8th at 1:30 on Zoom.

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

AGM & POTLUCK



President Catherine R.



Ladies of the Social Committee



Scholarship guests with Hedy G.



Our new venue, St. Mark's UC



JoAnne figured out the wifi

NEWSLETTER

JONE W.

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Thanks to Barbara L for issuing the June newsletter.

Please submit all newsletter items to whitbywebsters@rogers.com.

Items for the September newsletter should be received by Sunday, August 28.

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.