



cfuw fcfdu THE POWER OF WOMEN WORKING TOGETHER  
LA PUISSANCE AU FEMININ ENSEMBLE POUR REUSSIR.

**October General Meeting**  
**"Urban Waters"**  
with Dr. Andrea Kirkwood,  
Ontario Tech U. and Kirkwood Lab




Photos from kirkwoodlab.weebly.com

Join us as we hear Dr. Kirkwood speak about Urban Waters:  
the value of aquatic ecosystems in the built environment.  
Dr. Kirkwood focuses on environmental biology and  
environmental stewardship initiatives.

Wednesday, October 12, 2022 - 7:00 P.M.  
New Location - Guests Welcome - Free Admission  
St Mark's United Church, 201 Centre St S, Whitby

CFUW Oshawa and District  
cfuw.oshawa@gmail.com  
www.cfuwoshawaanddistrict.com



**PRESIDENT'S MESSAGE**

**CATHERINE R.**

Cooler days and nights but still a beautiful time of year. A good time for walks and country drives.

With Thanksgiving approaching, we certainly have a lot to be grateful for living in Canada. There is so much going on in the world around us.

We had our first meeting of the year. Attendance was a little low but we had several guests. The speaker was engaging and the information about lavender was interesting.

Thanks to those who brought hygiene products for the three young Afghani women that I have been helping. They appreciated the donations. The Club has agreed to provide some future support.

The first Speaker Series is on Zoom on October 15<sup>th</sup>. All are welcome to join in. You can register at [Speakers Series & Standing Committees' Workshops 2022-2023 | CFUW Ontario Council \(cfuwontcouncil.org\)](https://cfuwontcouncil.org). There are four speakers: Benefits of Yoga, Programs at Windreach Farm,

Black York Region Youth- an agency that fights racism, and a panel of young people who will speak on the impact of identifying as LGBTQIA2S.

Although we don't want to think about winter, we do need at least two people to plan the Holiday Dinner. It is easiest to book at a restaurant with a private room and a set menu like at KB in Whitby last year. Then the organizers just have to book the group reservation and each person pays their own that night. It was suggested that maybe we want to have it at the end of November when life is less busy and the weather may be better.

### Quote of the Month

*“The people who are crazy enough to think they can change the world are the ones that do.” Steve Jobs*

### CFUW WEBSITES

Main website: [www.cfuw.org](http://www.cfuw.org)

Ontario Council Website: [www.cfuwontcouncil.org](http://www.cfuwontcouncil.org)

The Ontario Council newsletter is available on-line on their website.

The CFUW Club Action newsletter is available via the sign-up link on their main website.

### MEMBERSHIP

**BARBARA L.**

Just a reminder that fees (\$115) are due by October 31. Please send a cheque payable to CFUW Oshawa and District to Hedy G. at 6 Glenelge Court, Bowmanville, ON L1C 4J1 before October 31st. I'm happy to say that most members have rejoined at this point.

### FRIENDSHIP

**MAUREEN A.**

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

We send our best wishes to CONNIE S. who is recovering from a broken leg, DONNA H. who is recovering from successful surgery on September 2, and JO-ANNE T. who is recovering from a broken ankle. Our thoughts and best wishes are with PAT B. and JOAN M. who are in hospital.

### SOCIAL

**KAREN D.**

The social committee is asking members to bring their own mugs for the punch and/or water at the general meetings to help reduce our use of plastics.

### ADVOCACY

**MELANIE K.**

The Advocacy Group will meet Monday October 17<sup>th</sup> at 2pm on Zoom. Contact Donna H for a link to the meeting.

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Let's Advocate for more citizen involvement in local elections!

We were never taught very much in school about municipal politics. Yet the issues decided in the Municipalities, School Boards and at the Regional Council affect all of us.

- ✓ Watch for your Voter Notification Card in the mail.
- ✓ Save the date Monday October 24, 2022, 10am-8pm.
- ✓ This election is a Municipal & School Board Election.
- ✓ To find other voting places in your ward, visit [voteoshawa.ca](http://voteoshawa.ca).
- ✓ Visit [voteoshawa.ca](http://voteoshawa.ca) or [service@oshawa.ca](mailto:service@oshawa.ca) to find out who you can vote for and the candidates. You can also find out advance polling information.
- ✓ Remember to bring Voter Notification Card and/or personal ID when you go to vote.
- ✓ Check early if you want a mail-in ballot, call 905-436-3311.

Vote! The right to do so came with a heavy price tag. Watch this interesting video about Canada and Women's right to vote. Just right click on the link. [https://youtube/O\\_royUN5UO4](https://youtube/O_royUN5UO4)

## INTEREST GROUPS

*LINA Z.*

Sign-up sheets for the Interest Groups were brought to the first meeting. Due to problems with my printer, Reading Group 1 and The Walking Group were not available and they, along with the other Sign-up sheets will be brought to the October meeting. If you are interested in one of the groups and are unable to sign up in person, please contact the co-ordinator.

Bridge Monday at Northview - Hedy G.

Bridge Wednesday - Co-ordinator required

Morning Coffee and Book Chat - Jane R.

It's a Mystery Book Club - Mary K.

Mystery Lovers Book Club 2 - Janet B.

Reading Group 1 - Barbara L.

Golf - Janet N.

Walking Buddies - Melanie K.



*Golf Group: JoAnne P, Carol, Lynda, Jone, Barbara, and Hedy. (Sep 16, 2022)*

**Ladies Who Lunch.** No co-ordinator yet. Unsurprisingly, this is the most popular group. I don't believe we need to sign up for this as the chosen restaurant and date can be emailed to all members and included in the Newsletter. I will volunteer for November.

## READING GROUP 1

*BARBARA L.*

Tuesday, October 18<sup>th</sup>                      1:30 pm                      Host: Jone W.

Discussion leader: Jane R.

Book Selection: ***FREEZING ORDER*** by Bill Browder

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## MORNING COFFEE AND BOOK CHAT *JANE R.*

Wednesday, November 2<sup>nd</sup> 10 am Host: Janyce C.

Discussion leader: Melanie K.

Book Selection: *THE BLUEST EYE* by Toni Morrison (Banned Book category)

## WALKING BUDDIES *MELANIE K.*

Time to get your walking shoes, and maybe your poles and your ice cleats organized so you will be ready to join us on our walks wherever they might take us. We will revisit some places from last year but also search out new ones.

### Our October walks will be:

- **Thursday Oct 13** at the Harmony Valley Conservation Area (and Dog Park) in Oshawa.
- **Tuesday Oct 25** at Orono Crown Lands. Perhaps the leaves will have changed by then.

### FYI:

- We meet 2x/month...2nd Thursday and 4th Tuesday. Weather dependent.
- I will check the weather forecast the night before or early the day of so look for an email before 8am...but last year we did not cancel.
- We meet at 10 am
- The location will change each time...which means sometimes you might be driving a bit further - basically between Whitby and Bowmanville and north.
- Invite your non CFUW friend
- Bring your well-behaved leashed dog...just ensure they are allowed.
- We will walk in places that might be a bit uneven, dirt trails, as well as paved walks, neighbourhood, etc.
- Location of the walk will be posted in the newsletter or emailed to everyone ahead of time
- If you have a walk location to share...let me know.

Let me know if you want to be added to the email distribution list...so you can join us as you are able.

## PROGRAM *SHEILA S.*

Nov 9	<b>Politics and Popular Romance Fiction</b>	- Dr. Veronica Kitchen
Jan 11, 2023	<b>Tools to Heal and Retrain your Brain</b>	- Georgia Fullerton
Feb 8	<b>Hate Crimes and their Impacts on Communities</b>	- Dr. Barbara Perry
Mar 8	<b>Institutionalization is a Feminist Issue</b>	- Dr. Patricia Spindel
Apr 12	<b>City of Greens: Sustainable Urban Agriculture</b>	- Ryan Cullen
May 10	<b>Annual General Meeting and Potluck</b>	

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**SCHOLARSHIP****SHARRON B.**

Our Durham College Scholarship goes this year to **Heather Brown** who is studying Human Resources in the School of Business. Heather was awarded \$1,500.00 and wrote “Thank you for supporting students to achieve their goals. Community donors and awards make continuing my college experience possible.” Heather also expressed a desire to pay it forward and support her community in the future.

**Durham College Endowment Report 2021-22**

<b>Beginning Balance</b>		\$68,206.00
In year contributions:		
Donations	\$890.00	
Preservation of capital	\$2,390.00	
<b>Total In Year Contributions</b>		\$3,280.00
Net change in available funds for disbursement		\$413.00
<b>Ending Balance</b>		<b>\$71,899.00</b>

**How to Donate to the CFUW Endowment Funds****To Durham College**

- Make a cheque or money order payable to “Durham College Foundation” but on the memo line, write “CFUW Oshawa and District Endowment Fund”.
- Ensure that your cheque has your name and address on it. Donations of \$20 or more will receive a tax receipt.
- Mail the cheque to: Durham College Foundation, 2000 Simcoe St. North, Oshawa, ON L1G 0C5
- Durham College Link: [Durham College Online Giving \(mycampus.ca\)](https://mycampus.ca)

**To Ontario Tech University**

- Make the cheque or money order payable to “Ontario Tech University” but on the memo line write “CFUW Oshawa and District Endowment Fund”.
- Ensure that your cheque has your name and address on it. Donations of \$20 or more will receive a tax receipt.
- Mail the cheque to: Ontario Tech University c/o Advancement Office; 2000 Simcoe St. North, Oshawa, ON L1G 0C5
- Ontario Tech University Link: <https://giving.ontariotechu.ca/donate/index.php>

**Donating Online**

- Visit each school’s website. Click on “Donate” or “Giving”. Complete the form provided.
- If it says “please use my gift for” or “other”, type in CFUW Oshawa and District Endowment Fund.

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## FOR YOUR BENEFIT

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of ½ page or less to Jone W. Business notices will be posted once annually.

The criteria for submission to *For Your Benefit* are:

1. that this information is of benefit/interest to our members, and
2. you are involved/passionate about it.

**OCT 4-NOV 23 COAT COLLECTION** We will be accepting clean coats for all ages in good condition at St Andrews Presbyterian Church, 209 Cochrane St, Whitby (behind Fairview Lodge) from October 4th until November 23rd. Please drop the coats at the back door Tuesday through Friday between 9:30 and 2:00. Just ring the doorbell to summon one of our volunteers or staff. *Submitted by Sheila S.*

**OCT 29 FALL BAZAAR** St. Mark's United Church Fall bazaar is on Saturday, October 29, 9:30-1:30. Bake table, hostess gifts, crafts, gently used books and puzzles, gift baskets and lunch to go. 201 Centre St. South, Whitby *Submitted by Barbara L.*

**NOV 2-5 GIANT FALL BOOK SALE** Friends of the Oshawa Public Library are holding their Giant Fall Book Sale on Wednesday, November 2nd through Saturday, November 5th. It is held during Library hours, in the auditorium of the McLaughlin Library on Bagot Street in downtown Oshawa. Proceeds are used to fund special projects within the Library. *Submitted by Karen D.*

**SARA'S SWEETS** Pumpkin Spice Biscotti is now available until November 1st. For cost inquiries, or to place an order, please email [saraloturco123@gmail.com](mailto:saraloturco123@gmail.com). Sara's other offerings: Double Chocolate biscotti, Almond Orange biscotti, cupcakes, & sugar cookies. All gluten free! Sara's mother is Marilyn F-L. *Submitted by Donna H.*



## GENERAL MEETING MINUTES

## SEPTEMBER 2022

**CFUW Oshawa and District**

**General Meeting Minutes**

**Date: September 14, 2022, 7:00 p.m.**

CFUW Oshawa and District, acknowledges the lands and people of the Mississaugas of Scugog Island First Nation, which are covered under the Williams Treaties. We are meeting on the Traditional Territory of the Mississaugas, a branch of the greater Anishinaabe Nation. We are dedicated to honouring Indigenous history and culture, and are committed to moving forward in reconciliation, respect and partnership.

Recording Secretary-Jennifer C.

The President welcomed 21 members back to the club for the new year and was pleased to introduce 6 guests, one a previous member.

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**Speaker:** Christel von Engelbrechten – “Lavender Farm”.

Introduction: Janet B.

Thank you: Carol T.

### Break

### Business Meeting

1. **Call to order**- Catherine R. called the meeting to order at 8.20 p.m. and was pleased to note that this was our first meeting in person in two years following the pandemic.
2. **Additions to Agenda** - None
3. **Approval of Minutes** of May 11, 2022 as circulated via email.  
Moved by: Pat D.                      Seconded: Janet B.                      All in Favour:                      Carried
4. **Business Arising** from Minutes - None
5. **Treasurer’s Report** – Hedy Gadd

#### Budget for 2022/23

CFUW Oshawa & District	2021-22 Actual	2022-23 (Proposed)	2022-23 (Proposed)
<b>Opening Balance</b>	\$4,297.57		\$7,116.32
<b>RECEIPTS:</b>			
Memberships	4,830.00	4,830.00	
CFUW Opt Out refund	890.00		
Refund Kingsview UC	250.00	0.00	
<b>TOTAL RECEIPTS</b>	\$5,970.00		\$4,830.00
<b>DISBURSEMENTS:</b>			
		42 members	
CFUW Ontario Fees	256.25	262.50	
CFUW National Fees	2,310.00	2,310.00	
Review	0.00	75.00	
O.C. Sessions	0.00	105.00	
Ontario Council AGM	0.00	350.00	
National AGM	0.00	0.00	
<b>Committee Expenses:</b>			
Archives	0.00	0.00	
Newsletter	0.00	0.00	
Website	0.00	0.00	
Friendship	0.00	20.00	
Gifts	120.40	30.00	
Program	450.00	525.00	
Publicity	0.00	120.00	
Food and Beverages	0.00	200.00	
Room Rental	0.00	1,040.00	
Treasurer	14.60	20.00	
<b>TOTAL DISBURSEMENTS</b>	\$3,151.25		-\$5,057.50
<b>Balance Forward</b>	\$7,116.32		\$6,888.82

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**Approval**

Moved by: Hedy G.      Seconded: Lina Z.      All in favour:      Carried

**6. CFUW News****National**

## AGM Highlights

- keynote speaker Eileen Olexink, who has been a diplomat in many countries, stressed the importance of education, especially for women. A country needs an 80 % literacy rate of their population to be economically successful.
- a new Board of Directors was elected, and budget passed
- future AGM'S will alternate between virtual and in- person. The in- person ones will be election years.
- all six Resolutions were adopted (we did not support # 3 on Pay Equity), passed unanimously.
- Robin Jackson, the National E.D. for the past 12 yrs., is retiring in Oct.
- recruiting new younger members is important as the majority of current members are over 66
- current membership is 6558 but at one time it was 13,000

**Ontario Council**

- new Board elected. Our new Regional Director is Susan Freeman.
- Speaker series dates--Oct. 15, Nov. 26 and Feb. 25

**7. Committee Reports:**

**Membership** - Barbara L. As of tonight, we have 21 paid memberships. We have had half a dozen enquiries from the website.

**Program** – Janet B. On Wednesday October 12, our speaker will be Dr. Andrea Kirkwood of Ontario Tech University. The topic will be “Urban Waters: The Value of Aquatic Ecosystems in the Built Environment”.

**Publicity** – Jone W. Chair of the committee is still vacant. Bookmarks and the Calendar are available tonight. Members are invited to distribute to others. Flyers for this meeting were posted at two garden clubs. Flyers for the next meeting will be distributed today.

**Newsletter**- Jone W. Date of submissions for next newsletter is Wednesday September 28.

**Scholarship** – Sharron B. Report presented by Hedy G.

**Durham College** - Our CFUW Oshawa and District Scholarship goes this year to Heather Brown who is studying Human Resources in the School of Business. Heather was awarded \$1,500.00 and wrote “Thank you for supporting students to achieve their goals. Community donors and awards make continuing my college experience possible.” Heather also expressed a desire to pay it forward and support her community in the future.

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**Advocacy** - Donna H. No report. Meeting in a few weeks

**Social** - Karen D. No report. Thanks to Judy B., Ruth F. and Jone W. for bringing treats tonight.

**Interest Groups** - Lina Z. The majority of Monday night Bridge Buddies wish to change playing in the evening to playing on Monday afternoons. Currently, there is one table for the Monday afternoon Bridge players at Northview.

The Wednesday Bridge Group does not have a co-ordinator, and if none can be found the group will not continue unless Bridge Buddies is able to change to Wednesday afternoon.

There may be a scheduling conflict with It's a Mystery Book Club which meets every other month on Monday. This could be accommodated by spares as required.

Ladies Who Lunch does not have a co-ordinator. If the position is not filled the group will not formally continue. The alternative is for members to offer to take responsibility for a specific month and to inform members (via Barbara and the newsletter) of the details.

**Archives** - JoAnne P. No report

**Web Master** - JoAnne P. No report

**Zoom Team** - Donna H. No report. Board meetings will continue on Zoom for the rest of the year.

## 8. New Business

**Holiday Dinner in December** - Catherine R. Date to be determined for the end of November or first week in December. We need volunteers to plan the event and suggestions for a venue. Members asked to send Catherine an email if interested.

**Community Support**- Catherine R. Our Club has been asked to provide support to three young Afghan women who fled the Taliban and have settled in Oshawa. The Oshawa Cycling Club is providing some support. Wondering if the Club would be willing to provide some help and support – financial or otherwise. Noted that some supplies had been provided tonight. Discussion followed regarding our club's GWI opt-out refund of \$890.00 and whether or not it could be used to support the three young women. Barbara L. moved, seconded by Sheila L., that we use the GWI opt-out refund to donate an amount of \$200.00 to each of the three women. The motion carried with 1 opposed. However, it was agreed that the matter be tabled for further discussion as to when and how the money would be given and for what purpose. This will depend on what the women most need.

## 9. Announcements/Upcoming Meetings/Events

Sept. 28 - Deadline for Oct. newsletter

Oct. 12 - General Meeting at 7:00 pm. Catherine called for greeters for the next meeting. Jennifer C. volunteered.

Oct. 26 - Board meeting on Zoom at 1:30

**10. Adjourn:** at 9.00 p.m.

**Happy Bucks**  
**50/50 draw**

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**NEWSLETTER**

*JONE W.*

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Please submit all newsletter items to [whitbywebsters@rogers.com](mailto:whitbywebsters@rogers.com)

**Items for the November newsletter should be received by MONDAY, OCTOBER 24.**

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