OSHAWA & DISTRICT <u>HTTP://WWW.CFUWOSHAWAANDDISTRICT.COM</u>

# ANNUAL GENERAL MEETING & POT LUCK MAY 11, 2022 – DINNER AT 6 PM ST MARK'S UNITED CHURCH, 201 CENTRE ST SOUTH, WHITBY





- Come for supper, friendship and the AGM at this new location
- Bring a dish to share (appetizer, main course, salad or dessert)
- Bring serving utensils for your dish
- Bring your own plates, cutlery and mug/glass
- Bring a plastic bag to take your dirty dishes home
- Hot and cold non-alcoholic beverages will be served
- The church's dishes and cutlery will not be used for sanitation reasons
- Enter the church parking lot from Centre Street (south end of church)
- Enter the church through beige door off the parking lot at south end
- Recommended to wear a mask and only remove it when eating

# PRESIDENT'S MESSAGE

CATHERINE R.

The biggest news to report is that we will be holding our meetings at a new venue beginning with our May AGM. We are pleased to announce that we will now meet at St. Mark's United Church Hall, 201 Centre St. S., Whitby. The site is accessible, has a large parking lot and WIFI, and use of the kitchen, podium, microphone and screen. Thanks to Barb L. and Karen D. for helping to make this happen. We are grateful to Kingsview Church for the many years they accommodated us there.

Unfortunately, due to low registration, the Ontario Council AGM has been changed to a virtual event on May 14 instead of in Kitchener. However, that does allow for more members to attend if they wish. Details will follow.

Urgent We still need a secretary for the AGM minutes on May 11. As it is in person it may be easier than on Zoom as you can see everyone. It is important to have a written record of the proceedings of our AGM.

It will be nice to see people in person on May 11 and the food is sure to be great. Our Social Committee has been busy planning and are keeping Covid safety protocols in mind.

# Sharing

Catherine R. and Janet N. attended a very interesting webinar on different models for long term care. Here are links to two related videos. Worth watching. <u>https://www.youtube.com/watch?v=4gcaElkEFfE&t=24s</u> <u>https://projects.thestar.com/dementia-program/</u>

# **Quote of the Month**

Every day may not be good. But there is something good in every day.

# FRIENDSHIP

MAUREENA.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

We send our deepest sympathy to Marianne C. who lost her husband Ed on April 17, 2022.

# **CFUW WEBSITES**

National Website:www.cfuw.orgThe CFUW Club Action newsletter is available via the sign-up link on the national website.

Ontario Council Website:www.cfuwontcouncil.orgThe Ontario Council newsletter is available on-line on their website.

# ADVOCACY

MELANIE K./HEDY G.

The Advocacy committee has shared much information on Aging in Place. With an election coming up we have the opportunity to change the conversation.

**2022 ELECTION PROMISES & SUPPORT FOR ELDER CARE REFORM – MELANIE** The **Ontario Liberal Plan** to Revolutionize Elder Care <u>https://ontarioliberal.ca/elder-care-plan</u> is the only plan from the 4 main parties to offer insight, vision and solutions to begin a policy shift

towards home and community care for frail and older citizens. Steven Del Duca said, "the warehousing of seniors in LTC homes was one of the greatest mistakes of the past century."

Important elements of the Liberal Plan include \$2 billion towards home and community care over 4 years, 15,000 new assisted living spaces, fully funded clinical care for hospices, ending forprofit long-term care by 2028, allowing smaller shared home options instead of institutional care by designating new funding for LTC "beds" as "spaces" that do not need to be in institutional settings, zero tolerance for non-compliance of standards by long term care operators, and raising the base rate for PSWs to \$25/hour.

The <u>Ontario NDP Plan</u> <u>https://www.ontariondp.ca/platform/home-care-long-term-care</u> emphasizes the need for provincial standards for home and community care services, aligning long term care, home and community care services to communities' needs so they are culturally sensitive, creating a provincial means tested *Care Giver Benefit Program* that provides direct payment to eligible family care givers of \$400 per month for informal care, removing profit from the LTC system making it public and not-for-profit starting in 2022, and, immediately build 50,000 new and modern long term care beds. In a previous NDP plan (October 2020) a commitment of \$1 billion was made for expanding Home Care but this promise was absent in this week's release.

The **<u>Progressive Conservative Plan</u>** emphasizes the development of 30,000 new institutional beds and 28,000 redeveloped beds in current facilities while maintaining the for-profit system of operators, \$1 billion for Home Care over 3 years.

The <u>Green Party Plan https://gpo.ca/vision/people/</u> commits to monitor and improve the quality of care in long-term care home, appropriately address the needs of residents that require complex care, increase funding for home and community care, improve the availability of assisted living and transitional living for seniors, provide support for family members who care for an infirm relative full time, develop and fund research into smart home technology to enable us to age in place and stay in our communities.

# SSAO'S 'TAKING ACTION' – Hedy G

A recent presentation by *Seniors for Social Action Ontario* stressed that the time to take action is now with the upcoming Provincial election if we wish to affect change in LTC and correct the imbalance in funding for home care. It is essential to take action to ensure that these priorities are widely shared with those who are running for office and those who will vote on June 2 for the candidate of their choice. At the present time, approximately 440,000 seniors are receiving home care but this number will double in the next ten years.

Some advice offered:

- petitions are not as effective now because politicians have become acclimatized to them
- send letters to **all** parties and candidates about your concerns
- ask the candidates what changes they foresee in elderly care from large LTC institutions to smaller housing options to home care. If their ideas do not align with yours, then tell the candidates that you simply can't vote for them.

Making our vote count in June.

## Advocacy Meeting, Monday May 9 - Donna H

The next Advocacy meeting will be on Monday May 9th on Zoom at 2pm. General Members are welcome. Contact Donna H to obtain a link to the meeting. Our focus is presently to advocate for "Aging in Place". Members are involved in different activities and will be sharing information at the next meeting.

# **SCHOLARSHIP**

Here is the information submitted to CFUW National for the year 2021 on their membership site.

### a) SCHOLARSHIP AWARDS (bursaries)

- Ontario Tech University
- Durham College
  TOTAL

\$6,400.00 - two awards of \$3,200.00 each \$1,500.00 - one student **\$7,900.00** 

\$75 - speaker honorarium April 2021

\$75 - speaker honorarium Nov 2021

\$30 - donation; president's thank you gift

## **b) COMMUNITY OUTREACH**

- Durham Region Field Naturalists
- Luke's Place
- PHLAG Canada
  TOTAL

# <u>\$180.00</u>

INTEREST GROUPS	8	MELANIE K.
IT'S A MYSTERY		MARY K.
Monday, May 30 <sup>th</sup> Discussion Leader: Mary Book Selection: <i>THE PU</i>		Location: TBA
MYSTERY LOVERS	S BOOK CLUB 2	JANET B.
Saturday, May 28 <sup>th</sup> Discussion Leader: TBA Book Selection: <i>THE GU</i>	1:00 pm <b>EST LIST</b> by Lucy Fo	Location: Janet B's
<b>READING GROUP 1</b>		BARBARA L.
Fuesday, May 17 <sup>th</sup>	1:30 pm	Location: TBA

# Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

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# HEDY G.

# MORNING COFFEE AND BOOK CHAT MELANIE K.

Wednesday, June 1st10:00 amLocation: TBA or ZoomDiscussion Leader:Melanie K.Book Selection:STONE MATTRESS by Margaret Atwood

# WALKING BUDDIES

# MELANIE K.

**Thursday May 12** - 10am. We are going to walk in the **Rouge National Urban Park** with a guide organized for us by Pauline Browes who spoke to us about the creation of this park in April. It is a bit further away than we normally go but should be well worth the drive. More details to follow.

**Tuesday May 24^{th} - 10am**. We will finish off the year at **Orono Crown Lands**. Many walkers were not able to make it when it was scheduled earlier in the year.

Melanie, Pat D, Dianne, Catherine Bowmanville Valley CA Photo taken by Hedy

April 26, 2022

# LADIES WHO LUNCH

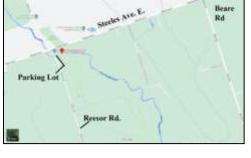
May Venue: Berry Hill Food Company

A warm, cosy and reliable neighborhood spot with a menu of handmade, locally sourced cuisine, plus cocktails/wine.

Address:	82 King Street West, Oshawa north side of King, just east of McMillan Drive
Date:	Friday, May 27, 2022
Time:	12:30 p.m.
<b>RSVP to:</b>	Pat D., patjdavies@rogers.com
Parking:	on King Street West (metered), or
	parking garage at NW corner of King St. W., and McMillan Dr, or
	outside at the McLaughlin Gallery.
Menu:	berryhillfoodco.ca
<b>Special Diets:</b>	Vegan Options, Gluten Free Options, Vegetarian Friendly

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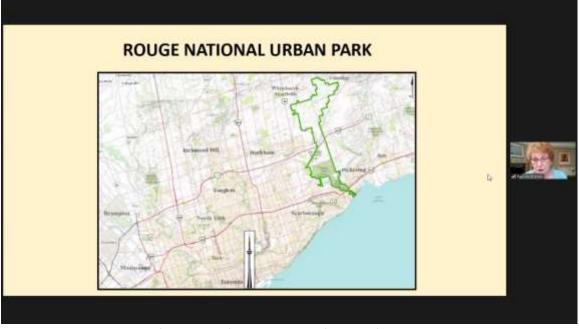




LINA Z.

# PROGRAM

# SHEILA S.



April's General Meeting speaker Pauline Browes

# FOR YOUR BENEFIT

JONE W.

This is an information feature providing networking news from and for our members. This includes announcing local business affiliations of you or your loved ones, and charity/volunteer work that you are involved in that needs support from the public. Send submissions of <sup>1</sup>/<sub>2</sub> page or less to Jone W. Business notices will be posted once annually.

The criteria for submission to For Your Benefit are:

- 1. that this information is of benefit/interest to our members, and
- 2. you are involved/passionate about it.

# GENERAL MEETING MINUTES APRIL 2022

Date: April 13, 2022 7:00

7:00 PM

# Virtual Meeting on Zoom

CFUW Oshawa and District, wishes to acknowledge the lands and people of the Mississaugas of Scugog Island First Nation, which is covered under the Williams Treaties. We are meeting on the Traditional Territory of the Mississaugas, a branch of the greater Anishinaabeg Nation, which includes the Algonquin, Ojibway, Odawa and Pottawatomi people.

Zoom Host - Donna H Co-Host - Melanie K . Recording Secretary – Barb L **WELCOME** by President Catherine R - 19 members and two guests attending

**SPEAKER:** Pauline Browes – Her efforts to establish the "Rouge National Urban Park" Introduction: Carol T Thank You: Sheila L

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Break.....

BUSINESS MEETING (Recorded)

1. CALL TO ORDER- Catherine called the meeting to order at 8:15pm

# 2. MEETING MINUTES - March 9, 2022

**Motion** by Janet N, seconded by Melanie K to approve the minutes of March 9, 2022 as circulated in the April newsletter. All in favour. Carried.

## 3. TREASURER'S REPORT

GENERAL ACCOUNT	
Previous Balance as of March 9,2022	\$7,205.92
Disbursements	
Program honorarium	\$75.00
Current Balance	\$7,130.92
SCHOLARSHIP TRUST FUND	
Current Balance	\$465.55

Motion by Hedy G, seconded by Janet B to accept the Treasurer's report. All in favour. Carried.

# 4. CFUW NEWS

#### National

- A company has been hired to develop a new Branding and Marketing Plan. There is a survey online requesting member input. Deadline is April 15.
- We are all celebrating, finally, the Child Care Agreement for more affordable childcare after years of advocacy on the part of many.
- CFUW National will be launching a Young Working Women's Network to attract younger members. The first event will be held the end of May.

#### **Ontario Council**

The OC AGM is May 13<sup>th</sup> and 14<sup>th</sup>. Theme is "Reconnect, Renew, Reinvigorate". Registration deadline is April 30. Cost is \$150. It is in Kitchener at the Double Tree by Hilton Hotel. Catherine will attend as the voting delegate. All welcome. Hedy noted that our club pays the president's registration and mileage.

# 5. COMMITTEE REPORTS:

- a) **Membership -** Barb L; no report
- b) **Program** Sheila S; no report. Jone praised the committee for the excellent set of speakers.
- c) **Publicity** Jone W The committee members for the new year are Jone, Marianne C and Elaine L. There is no chair. This fall, with in person meetings, we will need a bookmark and other advertising.
- d) Newsletter Jone W Deadline for the May issue is April 28<sup>th</sup>.
- e) Scholarship Hedy G

Information submitted to CFUW National for the year 2021.

# Scholarship awards (bursaries)

Ontario Tech University	\$6,400.00 (2 awards of \$3,200.00 each)
Durham College	\$1,500.00 (one student)
TOTAL	\$7,900.00

# **Community Outreach**

Durham Region Field Naturalists	\$75.00	speaker honorarium April 2021
Luke's Place	\$30.00	donation, President's thank you gift
PHLAG Canada	\$75.00	speaker honorarium November '21
TOTAL	\$180.00	

Hedy will invite university and college representatives and will ask them to invite award winners to our AGM and potluck on May 11 and will let Karen D know about numbers of guests to expect.

- f) Advocacy Donna H; the next meeting will be April 18. Melanie K was commended for her recent advocacy work.
- g) Social Karen D; Kingsview has been cancelled. Karen will pick up our belongings that are stored there. Ruth F and Karen will be going to inspect our new meeting place, St. Mark's UC in Whitby, next week. Catherine will give Karen a copy of our CFUW insurance policy to give to Arleane Ralph, St. Mark's administrative assistant. Karen and Ruth will sign the rental agreement.
- h) **Interest Groups** Melanie K; please send all interest group reports to Melanie for the annual report by April 20<sup>th</sup> with a picture if possible.
- i) Archives JoAnne P, no report
- j) **Zoom** Donna H is pleased with her team's work over the last two years.

# 6. NEW BUSINESS

or amendments is April 15.		
1 Employment Equity - Catherine	e R	
Seconded by Sheila L	In favour-4	Opposed-12
nst Women in Politics - Sheila S		
Seconded by Ruth F	In favour-16	Opposed-0
elanie K		
Seconded by Ruth F	In favour-16	Opposed-0
onment as a Human Right - Cath	erine R	
Seconded by Lorraine V	In favour-15	Opposed-0
-		~ ~
b) VENUE FOR MAY 11 AGM - pot luck- 6:00 pm - St. Mark's United Church, Whitby		
	Seconded by Sheila L nst Women in Politics - Sheila S Seconded by Ruth F elanie K Seconded by Ruth F onment as a Human Right - Cathe Seconded by Lorraine V	I Employment Equity - Catherine R      Seconded by Sheila L    In favour-4      Inst Women in Politics - Sheila S      Seconded by Ruth F    In favour-16      In Elanie K      Seconded by Ruth F    In favour-16      In Elanie K      Seconded by Ruth F    In favour-16      In Elanie K    In favour-16      Seconded by Ruth F    In favour-16      In Elanie K    In favour-15

Ticks all our boxes - Parking, accessibility, kitchen, wifi, screen, washrooms.

#### c) NOMINATION COMMITTEE Update- Donna H

We still need a vice-president who will carry on to become president after Catherine. Also needed is either a .5 general secretary or 4 volunteers to take minutes at one meeting each next year. Catherine will ask Jennifer C to take minutes at the AGM on May 11. We could use more people on committees.

#### 9. ANNOUNCEMENTS/UPCOMING MEETINGS/EVENTS

AGM Reports	due Apr. 20 to Melanie K
Lunch Group	Apr. 29 at 12:30 pm at Piano Café- RSVP to Pat D
Board Meeting	Apr. 27 at 1:30 pm on Zoom
AGM	May 11, 2022 at 6:00 pm
OC AGM	May 13/14
Walking Group	Apr. 14 and 26 at 10:00 am - details in the newsletter

### 10. MEETING ADJOURNED at 9:51 pm

### **NEWSLETTER**

JONE W.

Only the last name initials of members are published in the newsletter. You may refer to your roster for contact information. Please submit all newsletter items to <u>whitbywebsters@rogers.com</u>. Items for the June newsletter should be received by Saturday, May 28.