

# Take Action



- Send your MP a letter or email about common care standards & placing LTC under the Canada Health Act
- [Click here to download a sample letter](#)
- Don't know your MP? [Click here!](#)
- Copy your provincial MLA, MPP, or MNA
- [Send a letter with this online tool](#)

- Make a sign in support of elder rights
- Take a picture & email it to [cfuwadvocacy@rogers.com](mailto:cfuwadvocacy@rogers.com) (with a line on why you support LTC justice!)
- [Click here to download posts to share on social media](#) using #LTCJustice & #ProtectOurSeniors hashtags



- Join CFUW's May 4 Day of Action Zoom Town Hall at 1PM ET
- Hang up posters around your community. [Click here to download!](#)
- Connect with other LTC advocates: [CARP](#), [Ontario Health Coalition](#), [Canadians4LTCStandards](#), [CCPA](#)

- Hold your government accountable! Keep sending letters, emails, & making phone calls to your officials!
- [Sign this petition](#) supporting seniors in LTC
- [Sign this petition](#) supporting workers in LTC facilities

